

FEBRUARY 2025 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Strips, Cauliflower & Cheese, Peas & Carrots, Cookie Milk	4 Meatloaf, Scalloped Potatoes, Green Beans, Wheat Roll, Banana Milk	5 Sliced Ham, Black-Eyed Peas, Turnip Greens, Cornbread, CranApple Dessert Milk	6 Chicken Parmigiana with Sauce, Spinach, Corn, Garlic Bread, Spiced Peaches Milk	7 Baked Fish, Sweet Potato Fries, Broccoli, Pears, Wheat Bread Milk
10 Vegetable Beef Soup, Tossed Salad, Cornbread, Tropical Fruit Milk	11 Chicken & Dumplings, Green Beans, Stewed Tomatoes, Butterscotch Pudding Milk	12 Pork Roast with Gravy, Mashed Potatoes, Brussels Sprouts, Apple Cake Milk	13 Seasoned Chicken Breast, Baked Corn Casserole, Zucchini & Tomatoes, Dreamsicle Pie Milk	14 Hamburger Patty on a Bun, Lettuce, Tomato, Onion, Corn, Baked Beans, Strawberries Milk
17 	18 Sliced Turkey with Gravy, Sweet Potatoes, Buttered Corn, Yeast Roll, Apple Crisp Milk	19 Pinto Beans with Ham, Spinach, Cornbread, Lemonade Pie Milk	20 Spaghetti with Meat Sauce, Italian Mixed Vegetables, Tossed Salad, Brownie Muffin Milk	21 Hashbrown Ham Casserole, Spring Salad, Garlic Bread, Strawberries & Cake Milk
24 Taco Soup, Tortilla Chips, Salsa, Lettuce Salad, Strawberries & Bananas Milk	25 Scrambled Eggs, Sausage, Biscuit, Orange, Apple Juice Milk	26 Smothered Pork Cutlet, Carrots, Broccoli, Yeast Roll, Apple Cobbler Milk	27 Cheesy Chicken & Potato Casserole, Brussels Sprouts, Spiced Peaches Milk	28 Meatballs with Gravy, Mashed Potatoes, Mixed Vegetables, Fruit Cocktail Milk
			Waychoff Senior Center 320 Trailwood Drive Heber Springs, AR 72543 Open: Mon-Fri 7 AM-3PM Lunch Served Daily 12 PM	Suggested Contribution for Members: \$4 Cost for Guests: \$7 For Transportation Call: (501) 362-2413